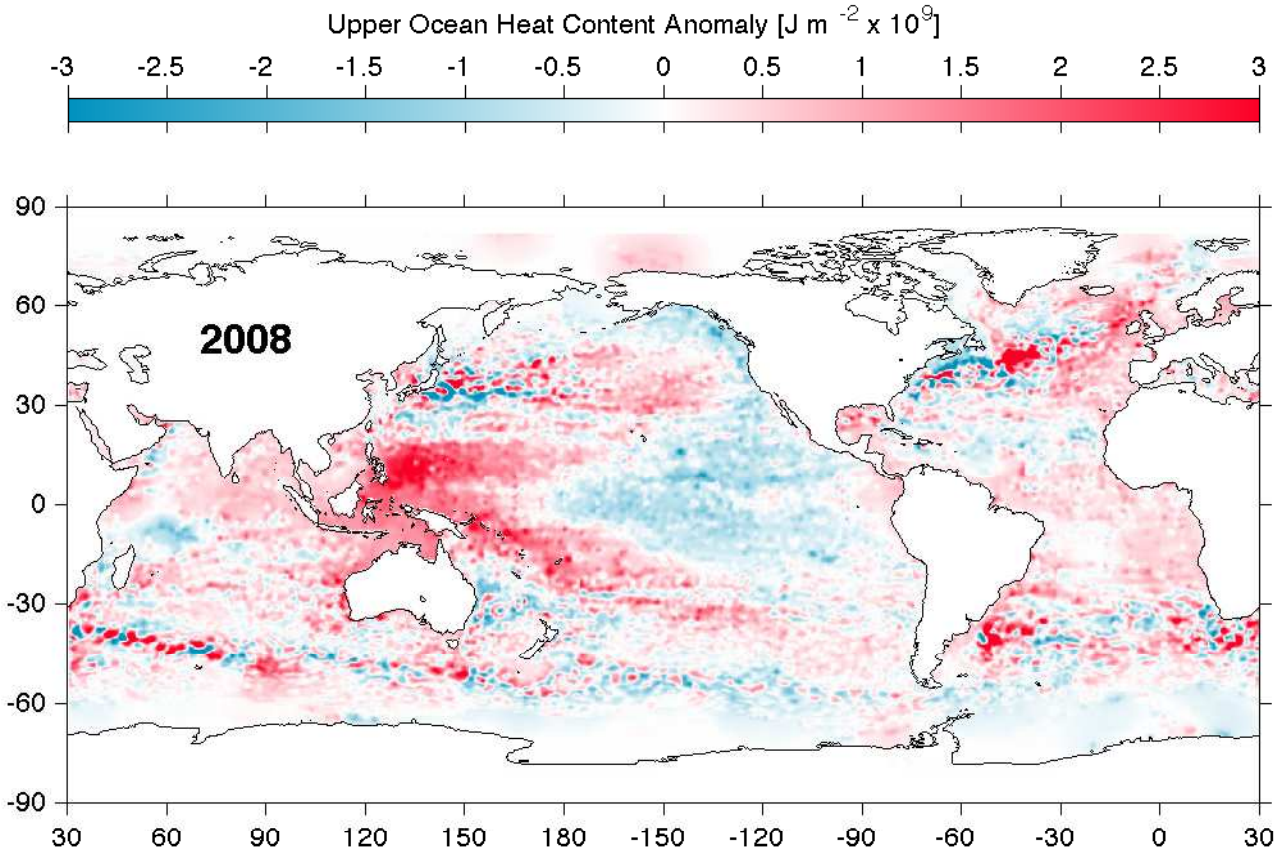
Upper Ocean Heat Content Anomaly [J m -2 x 10^9]
-3
-2.5
-2
-1.5
-1
-0.5
0
0.5
1
1.5
2
2.5
3
2008
90
60
30
0
-30
-60
-90
30
60
90
120
150
180
-150
-120
-90
-60
-30
0
30