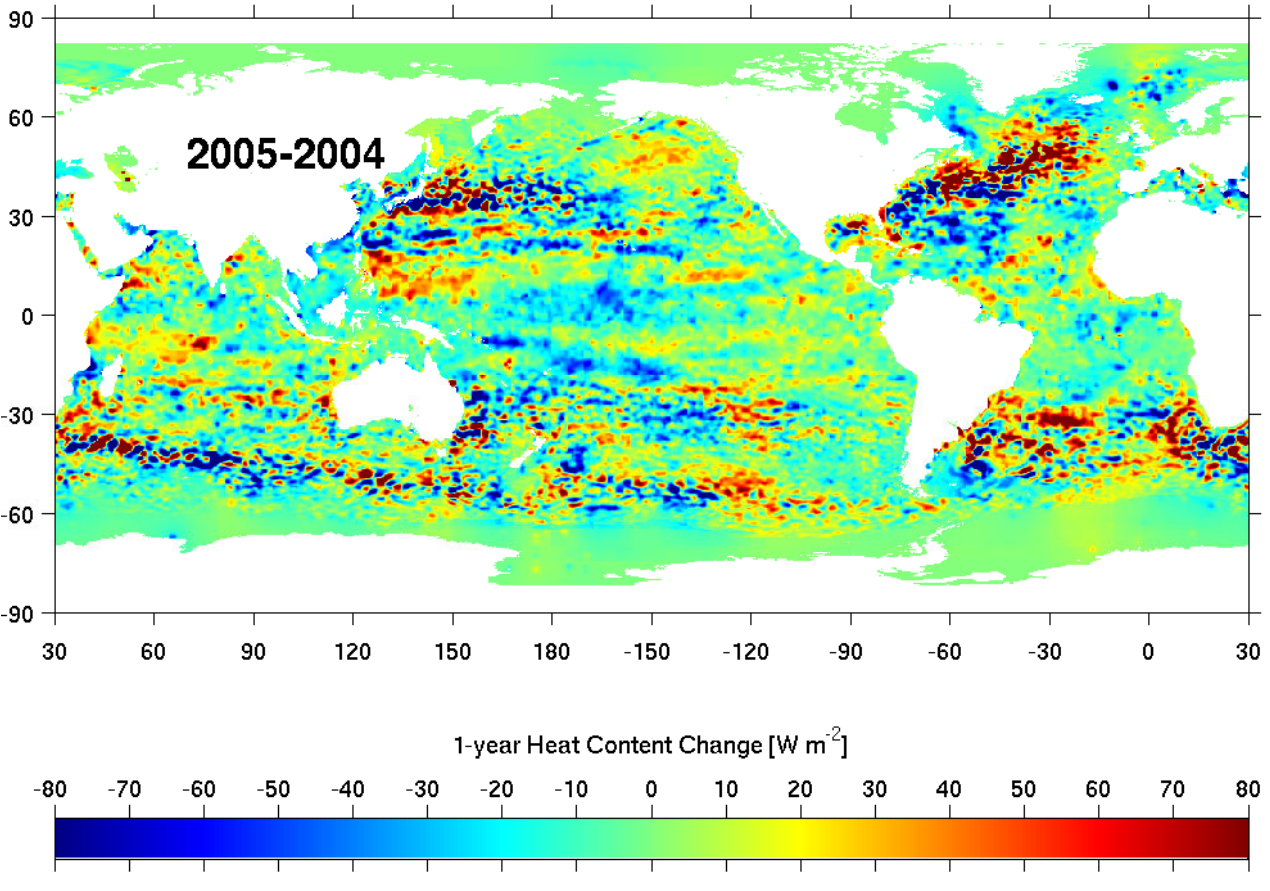
2005-2004
90
60
30
0
-30
-60
-90
30
60
90
120
150
180
-150
-120
-90
-60
-30
0
30
1-year Heat Content Change [W m-2]
-80
-70
-60
-50
-40
-30
-20
-10
0
10
20
30
40
50
60
70
80