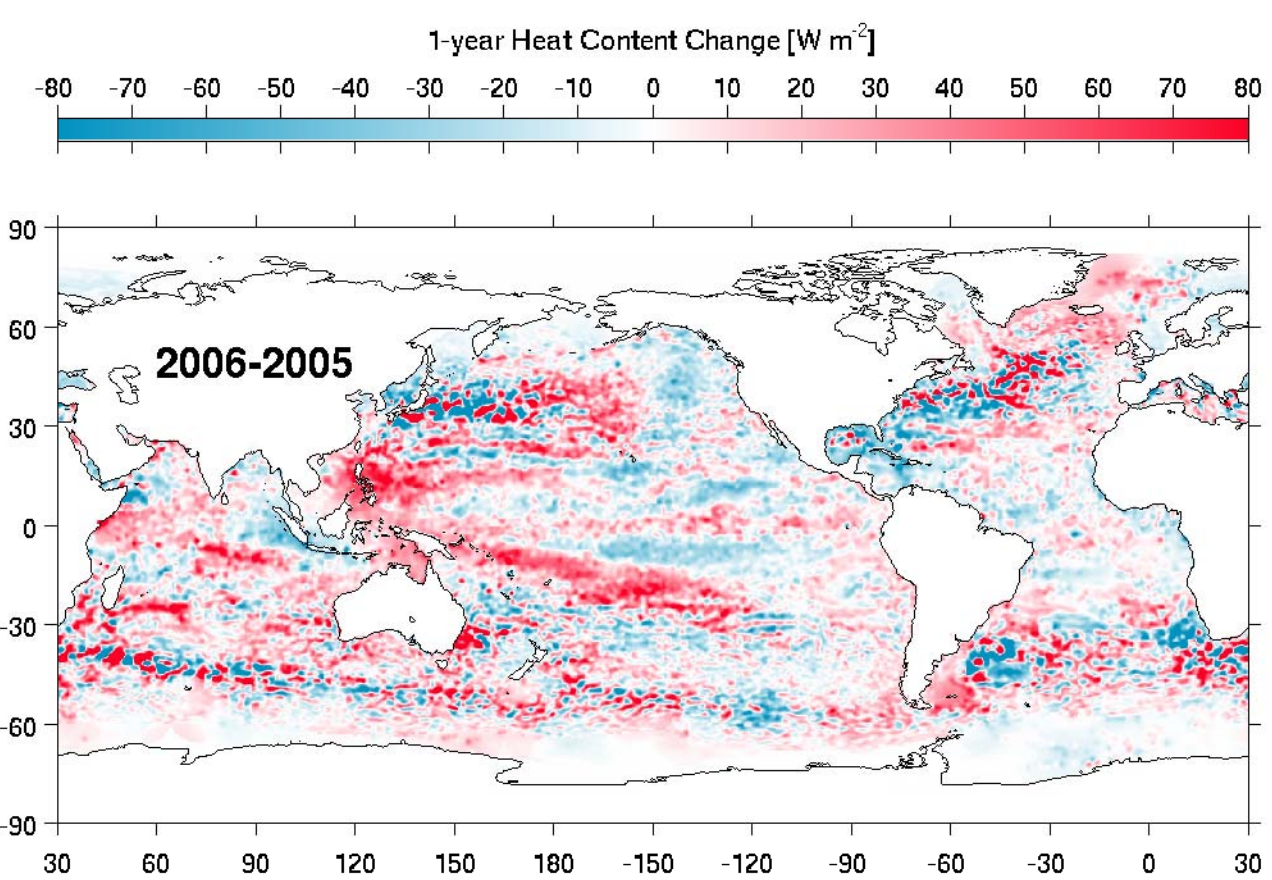
1-year Heat Content Change [W m^{-2}]
-80 -70 -60 -50 -40 -30 -20 -10 0 10 20 30 40 50 60 70 80
2006-2005
90 60 30 0 -30 -60 -90
30 60 90 120 150 180 -150 -120 -90 -60 -30 0 30